

Required Skills & Movement for Live Ball Categories



At 4 Star Tennis Academy

- We are always looking to improve our players. We strive to provide our players with optimal advice and assistance in playing and becoming their best.
- We request respect for our tennis pros when they are giving challenging feeds, striving for a fast pace of play, providing assessment guidance, and placing players in appropriate categories of clinics.
- We continually take great efforts to provide an enjoyable, engaging and challenging environment for all players at every level.

CHEETAH (I1) [approx. 2.5 - 3.5]

- Fairly consistent when hitting medium-paced shots
- Learning to judge where the ball is going; often follows the ball
- Improving consistency of FH volley; inconsistent BH volley; has trouble with low and wide shots

LION (I2) [approx. Med. 3.5 & Up]

- Follows the direction of ball with partner; moves forward consistently; quickly moves in rotation
- Ability to cover wide shots; uses proper footwork; ready for next shot
- Can direct FH volleys; controls BH volley but not offensively and may struggle with low wide volleys
- Developing doubles teamwork; able to lob defensively

PUMA (I3) [approx. High 3.5 & Up]

- More aggressive footwork; good court coverage, consistent forward movement to the net
- Can direct FH & BH volleys with some offense, improved handling of low and wide BH volleys
- High consistency with approach and net shots; strong doubles teamwork
- Quick court coverage with deep overheads; consistent overhead on shots within reach

TIGER (A1) [approx. 4.0 & Up]

- Very good court coverage; evident doubles teamwork; always following the ball
- Makes & follows aggressive shots, can finish off shots often
- Can direct the ball with consistency and depth
- Has some specialty shots; poaches
- Runs down lobs and returns aggressively

PANTHER (A2) [approx. High 4.0 & Up]

- Sound footwork; excellent court coverage and movement
- Uses tactics according to opponent; up at the net playing offense as soon as possible
- Consistently aggressive at net; puts away all high balls; always using doubles strategies
- Properly transfers weight into volleys without swinging

ADVANCED PANTHER (A3) [approx. Very High 4.0 & Up]

- Excellent footwork; can handle extensive sequence of volleys
- Aggressive offensive approach shots; excellent consistency
- Variety of pace and spin with control on all shots
- Closes at the net and puts away offensive volleys & overheads
- Able to master the use of power and spins

JAGUAR (A4) [approx. 4.5 & Up Women, High 4.0 & Up Men]

- Excellent shot anticipation; can vary strategies; always at the net attempting to take charge
- Hits most volleys with depth, pace, and direction; can consistently put away volleys to end the point
- Approach shots hit with good depth, pace and control; expert doubles strategy
- Can handle a mixed sequence of volleys; excellent footwork
- Often poaches and has multiple specialty shots